

# Annual Report of Homoeopathic Academy of Research & Charities

Activities done during April 2016- March 17

## Supportive Treatment to AIDS patients especially Orphan children:

With Homoeopathic Medicines we have tried to concentrate on Supportive management like Multivitamins, Antioxidants, Multiminerals, Haematinics, and In Diarrhoea cases Oral Rehydrating fluid given.

For poor & orphan children we had started Nutritious food diets & supplements, Milk, Biscuits, daily needed things like toothpaste, toothbrush, soap, washing powder, coconut oil, petroleum jelly, Sprout diet like Matki, Groundnut, GUD, Chana, Sugar, Rice, cleansing material like Phenol, Savalon liquid from our Trust.

Psychological Counseling & Support: As patients are depressed & have no hope for living Life in that cases we had given & giving constant psychotherapy, Meditation, Positive attitude towards life, Educational programs, Sex education, Sports, Exercises, Yoga, Pranayamas etc.

## Educational Support to 66 PLHIV students of Sevalaya Latur



Homoeopathic Academy of Research & Charities (HARC) Parbhani organized Educational Support program for 66 orphan of Sevalaya Hasegaon, Latur. In This Program HARC has taken whole Educational support responsibility of these 66 children by donating them books, note books, stationary, School Uniform, Nutritional Foods. HARC also donated Mic, Music System, and Sound Recording System for Happy Music Show & E-Learning Purpose. Through this program 66 HIV orphans has got benefit.

## HARC Organize 'Health Awareness' Talk of Dr Avinash Saoji

Renowned Speaker, Social worker Dr Avinash Saoji is running his NGO 'Prayas Sevankur' at Amravati. Through his NGO he is doing very important work of Health awareness by giving Lecture on Life Style Disorder & its prevention. So Homoeopathic Academy of Research & Charities in association with Yog

Sadhna Kendra organized his Health Awareness Lecture on 6<sup>th</sup> July at Shivaji Nagar Parbhani. This program was inaugurated by Hon. Shri Rahulji Rekhawar IAS Commissioner of Parbhani Municipal Corporation. Dr Avinash Saoji gave lecture by giving information about various Life style Disorders, Diabetes, Heart Disease & its prevention by adopting Healthy Life style, Yoga, Pranayamas, Exercise, Cycling & positive thinking. In this program more than 200 people were present.

#### **HARC Organized Parbhani – Pandharpur 300 km AIDS awareness Cycle wari**



Homoeopathic Academy of Research & Charities every year organize Pandharpur Cycle wari during period of Ashadhi Wari for the purpose of creating awareness amongst General People & interact with Warkari about various Health issue, HIV/AIDS & Environment. This Year in July 2016 Dr Pawan S Chandak & his friend Mr Vikram Shinde organized Pandharpur Cycle wari. They both cycled from Parbhani to Pandharpur via Gangakhed – Parli Vaijnath – Ambajogai – Kalamb – Barshi – Madha – Shetphal & Concluded at Paalvi AIDS Project Pandharpur. During this cycle Journey they interacted with hundred peoples walking in various Dindi & villagers & given them information about HIV/AIDS. At end Dr Pawan S Chandak met 85 HIV student of Paalvi AIDS Project. HARC donated some small amount for Nutritional needs of Children.

#### **HARC donate Room for Happy Indian Village Project at Hasegaon, Latur**



Aamhi Sevak Sanstha has started 'Happy Indian Village' project for HIV students who are above 18 years of age by giving them Residential, Nutritional, Medical support also giving them Vocational training. HARC decided to support this Initiative so by organizing Happy Music show at Parbhani on 25<sup>th</sup> October 2015. Through this Cultural Program HARC raised donation of Rs 1 Lakh & donated to Aamhi Sevak Sanstha. Through this donation 1 room has been constructed at Happy Indian Village. HARC President Dr Pawan S Chandak & Dr Mahesh Awchat inaugurated it and made it open for Residential use of Children. In This room 3 PLHIV students can have residential care & support. On this occasion HARC donated Nutritional Foods like Rajgira Laddu for Protein & Nutritional requirement. HARC has also donated 3 Bunker Bed for residential care of these children.

**HARC celebrated Diwali with 100 underprivileged Children**



As every year Homoeopathic Academy of Research & Charities celebrate every Festival with HIV, Orphans & underprivileged & Single Parent children Just to bring them in mainstream of Society. So on 26<sup>th</sup> October 2018 HARC organized Diwali Celebration Program for HIV, orphans & underprivileged children especially Children of Parbhani Childline network, District Observational Home etc. This Program has organized at Parbhani Childline office in Doctor's Lane Parbhani. HARC celebrated Pollution Free Diwali. Dr Shiva Aithal interacted with Students through various Magical Games & children enjoyed it. Sandeep Bendsure of Childline given information to students about Child Rights & its Need. At the End HARC distributed Nutritious Sweets, New Sweaters, and Educational Items, Daily needs like Soap, Oil, Utne, and Books etc to 100 underprivileged Children. Nutritious Diet, Diwali items & other Daily needed items Parcel sent to 70 students of Sevalaya Hasegaon Latur. Finally all students enjoyed Dipotsaw.

#### **HARC donate Educational support to 20 Students of Snehwan**

Mr Ashok Deshmane running Shelter Home for children's of Farmer who has made suicide & now orphan. So to bring these children in mainstream of society by giving them good Education he has started Shelter Home at Pune. In 11<sup>th</sup> November Ashok Deshmane has visited HARC office at Parbhani & discussed the activities by Snehwan at Pune. On this occasion HARC President Dr Pawan S Chandak handed over Educational material to Ashok Deshmane of Snehwan for Educational Needs of Children. Through this support 20 students are benefitted.

#### **HARC donate Books to 'Book Bank Project' by Parbhani Childline**

Parbhani Childline has started 'Book Bank' Project for underprivileged Children for which they appealed for books. So Homoeopathic Academy of Research & Charities (HARC) has responded it by donating 50 Books by National Book Trust & other books based on Biographies of Social Leaders, Saint, Poems, stories, Panchtantra etc to Parbhani Childline on 14<sup>th</sup> November 2016.

### **HARC donated Thermo wear to 66 HIV Students of Sevalaya, Latur**



In year 2016 after good rain due to extreme cold in Winter Children may get repeated tendency to Cold & respiratory Infections especially HIV students. So to prevent them from extreme cold Homoeopathic Academy of Research & Charities has donate 66 Thermo wear to 66 HIV Students of Sevalaya Project at Hasegaon, Latur.

### **HARC organized Surat to Chittaurgarh 850 km Cycling Expedition on HIV/AIDS awareness**



Homoeopathic Academy of Research & Charities has organized AIDS awareness cycling expedition from Surat to Chittaurgarh in presence of Cyclist Dr Pawan S Chandak, Dr Sandeep Sakhare & Ravi Kumar Maurya. These 3 Cyclists travelled on Bicycle from Surat on 30<sup>th</sup> November – Baroda, Ahmadabad, Mehsana, Palanpur, Mount Abu, Haldi ki Ghati, Udaipur & concluded at 8<sup>th</sup> December Chittaurgarh.

During this Cycling expedition these 3 cyclist interacted with General Public, Truck Drivers, Dhabawalas, Tourist & Visitors at Sabarmati Ashram, Mount Abu, Udaipur & Chittaurgarh about HIV/AIDS, given them information about it & cleared if any misunderstandings about it.

### **HARC Organized AIDS Awareness Lecture & 150 km Cycling Rally in Tribal district of Bhandara & Gondia on 7, 8 January 2017**

In Maharashtra Bhandara & Gondia districts are located in Vidarbha region where most of the population are from socially & economically backward condition. So in such condition Health awareness about Critical illness i.e. HIV/AIDS is needed. So Homoeopathic Academy of Research & Charities has decided to organize HIV/AIDS Awareness Lectures in Various School, College, Post Graduate Institutions, Govt Departments, and Forest Department & Police Station. Dr Pawan S Chandak travelled on Bicycle and given AIDS awareness lecture at Vainganga Educational Campus where he has given lecture at Ded College, Polytechnik & Engineering College, Pharmacy College Sakoli, J.E.S. High School Sadak Arjuni, Zilha Parishad High School Sakoli, Sakoli Police Station, Navoday Vidyalay Navegaon, Tibetan Wasahat Pratapgad. More than three thousands Students, Teachers, staff were present in total for this awareness Lecture.

### **HARC Organized Free Medical Checkup Camp for PLHIV on 29/01/2017**



Homoeopathic Academy of Research & Charities in association with SEDT & Parbhani Childline has organized Free Medical Checkup, Lab Investigation & Free Homoeopathic Treatment for 50 people living with HIV/AIDS at office at SEDT Parbhani. In This Program Dr Pawan S Chandak & Dr Asha Chandak given information to patients regarding basic Hygienic care should be taken by HIV/AIDS patient to prevent any recurrent infections in day to day life. Dr Asha Chandak gave information about Nutritional Advise & commonly used Nutritional Foods during out day to day Foods and its importance for building immunity. Dr Pawan S Chandak & Dr Asha Chandak have done medical examination & Free Medical checkups & treatment of 50 patients by giving them Free Multivitamins & Free Homoeopathic Treatment. CBC Test of all patients has been done at free of cost by HARC. Total 50 patients are benefitted by this Camp.

### **HARC Organized Educational Support for 65 Deaf & Dumb Students on 11<sup>th</sup> February 2017**



At Bharti Camp, Tq Purna Dist Parbhani 65 Deaf & Dumb students have been rehabilitated by Navjeevan Mukbadhir Vidyalaya. This School is giving them Educational, Residential support, various Drawing, handmade art training is also given. HARC President Dr Pawan S Chandak is regularly doing cycling on this route. On 31<sup>st</sup> December he & his cycling mates were impressed by Rangoli made by this Deaf & Dumb Student. So on 11<sup>th</sup> February 2017 Homoeopathic Academy of Research & Charities team visited Navjeevan Mukbadhir Vidyalaya. They tried to understand the way & type of Education & Training is given to these Deaf & Dumb students. By looking their interest in Drawing Art HARC donated 65 Drawing & Educational Kit to 65 students. After such small educational it was Great satisfaction to see Happy Faces of these 65 Children.

**HARC Organized Sakoli Gadchiroli Anandwan Cycling Rally for AIDS Awareness on 18, 19<sup>th</sup> February**



Homoeopathic Academy of Research & Charities has organized Sakoli – Gadchiroli – Chandrapur – Anandwan 260 km HIV/AIDS Awareness Cycling Rally on 18-19<sup>th</sup> February 2017. This rally is organized with motto for creating awareness about HIV/AIDS. Dr Pawan S Chandak travelled from Sakoli and given AIDS awareness lectures in various School, College, Bank, Social Institutions about HIV/AIDS especially Siddhartha Junior College Lakhandur, State Bank of India Wadsa, Mahatma Gandhi Higher Secondary

School Aarmori Dist Gadchiroli, Gadchiroli Doctors Association, Maitra Mandiyali Pratisthan Chandrapur & concluded at Anandwan at Warora. During this cycling Journey he has interacted with more than two thousand students, teachers, staff, NGO members, citizens & Villagers who met him.

#### **HARC Donated RS 25000 for Dhol Show by Sevalaya Latur**



Aamhi Sevak Sanstha Sevalaya Latur is planning to start Dhol Show by HIV Students. For this Show they appealed for need of Dhol (Drum). Homoeopathic Academy of Research & Charities (HARC) responded them by donating RS 25000 cheque to Ravi Baaptale (Founder of Sevalaya, Latur). In Presence of HARC President Dr Pawan S Chandak these 10 Dhol has been donated to Aamhi Sevak Sanstha Sevalaya Latur. After receiving these Dhol all the performing students expressed their happiness by a short performance on it.

#### **HARC President Receives Award from 'Sakal' Media Pvt Ltd for Social work**





On 1<sup>st</sup> March 2017 Sakal Media Pvt Ltd organized Anniversary Day Celebration of Sakal Newspaper at Kusum Sabhagruh Nanded. In This Program Dr Pawan & Dr Asha Chandak of Homoeopathic Academy of Research & Charities has got Award for the social work they are doing for HIV/AIDS affected Children & AIDS Awareness work. They were felicitated by Makrand Anaspure (Marathi Actor), Sanjay Warkad ( Sakal Chief Editor), Poet Naygaonkar.